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## Liz Preston shortlisted for Business Award



We are pleased to announce that Liz Preston has been shortlisted for the 2016 Forward Ladies National Women in Business Awards. She is competing against 80 entrepreneurial women business leaders across 11 categories in the Yorkshire, North East & Scotland SME Business of the Year Emerging category.

## The Herriot Way is Here!



Liz Preston and Debbie Gomersall are walking the 52 mile Herriot Way in aid of the Yorkshire Air Ambulance Charity. Kerry Greenwood is hoping to join us for the last

day. After months of organisation and practice runs we are rapidly approached the day. We will be video blogging along the way, so keep up with how we are getting on, on our [YouTubeChannel](#). We will be setting off on Saturday 10th September from the picturesque waterfalls in Aysgarth along the River Ure to Askrigg, then down the Wensleydale valley to Hardraw and into Hawes for the first night's camping. On day two we pick up the Pennine Way over Great Shunner Fell (716m), the third highest mountain in Yorkshire, down into Thwaite then to Keld for the night. Day three will find us climbing over Gunnerside Moor, site of former lead mines, but now a grouse shooting moor, covered in heather, then down to the River Swale to Reeth. Day four crosses the moorland around Gibbon Hill to Dent's Houses, down to Castle Bolton and back to Aysgarth. If you would like to sponsor us, please visit <https://www.justgiving.com/fundraising/CravenSafety> or Text "CRVN 62, £amount" to 70070.

## E-cigarettes at work

Vaping is seen as the acceptable face of smoking, but should employers sanction it at work?

Smoking cigarettes, pipes, cigars or herbal cigarettes in indoor work places has been banned since 1 July 2007, but e-cigarettes do not burn tobacco, so the law treats them the same way as nicotine patches, gums etc. Individual organisations can ban their use in the workplace if they wish, the same as banning alcohol, hot drinks or eating in the workplace.

It is generally accepted that e-cigarettes are up to 95% less dangerous than smoking, but employers should consider the arguments for and against allowing vaping in the workplace. The British Medical Journal (2013) states that "e-cigarettes might renormalise smoking, promote experimentation among young people who otherwise may not have tried smoking.... and thereby deter some smokers from stopping." Whereas Cancer Research UK view e-cigarettes as "almost certainly far safer" than traditional cigarettes.

Companies need to decide on their vaping policy and either allow vaping, or provide a separate area for vaping, which can be fully enclosed, unlike a smoking area. They should also review their electrical policy to ensure that the rules for staff bringing in any electrical items, including e-cigarette chargers, are clear and enforced.

# BREXIT

The UK decision to leave the EU does not mean that any EU regulations will be immediately revoked. Many EU Health & Safety and Environmental directives have been transposed into UK Law and it is very likely that we will continue to apply our successful risk-based management systems even after we leave the EU and many UK companies will want to continue to work within the EU, so will want to maintain compliance with EU laws.

## Property Development Company fined



A company based in Cardiff has been fined £50,000 plus over £5,000 costs for safety failings during a property development. An investigation by the Health & Safety Executive (HSE) found that the company failed to ensure that appropriate measures were in place to control risks onsite, including falls from height, exposure to asbestos and the risk from fire; they also did not cooperate with the investigation and failed to comply with enforcement action taken by the HSE.

We are always looking to assist businesses with their Health & Safety, if you know of anyone who would benefit from our services please do let us know. Many thanks.