



Craven Safety Services - July 2020 Newsletter

First Aid Renewals and CPR

If your First Aid at Work (FAW) or Emergency First Aid at Work (EFAW) qualifications have expired since the 16th March, the HSE have announced an extension to them to the 30th September 2020.



Advice from the Resuscitation Council (UK) about performing CPR on an adult who has suffered from cardiac arrest is to perform chest compression only. In addition there should be a cloth covering the casualty's nose and mouth to minimise the risk to the rescuer from being exposed to COVID-19. A video explaining the options is available [here](#).

Rescue breaths should still be given to a baby or child as they are most likely to have respiratory arrest rather than cardiac arrest.

Our thanks to [Underwood Training](#) for the above information.

HSE advice

The HSE has published information on **air conditioning and ventilation** and what to consider when returning to work. More information can be found [here](#).

Advice has been issued on restarting **workplace pressure systems** safely. These can be

- steam boilers
- air compressors and receivers
- industrial refrigeration systems
- hydraulic cylinders for vehicle and passenger lifts
- articulated jibs

There are also steam reservoirs in some **café boilers**, steam cleaners and solvent recovery vessels forming part of dry cleaning (and similar) processes. Guidance can be found [here](#).

There is advice on **gas safety** for landlords on how to continue to comply with their legal duties and for registered gas engineers on how to work safely in a customer's home. [HSE gas advice link](#).

General advice has been issued for **manufacturer's** returning to work [here](#).

Advice has also been issued on how to protect **vulnerable workers (shielded)** in the workplace [here](#).